

5 aday catering Autumn / Winter Menu 2018/19

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Spanish Chicken & Chorizo Pasta Bake. Served with Pitta Bread.	Turkey Casserole served with New Potatoes	Mild Chicken & Vegetable Curry served with Rice	Beef Lasagne served with Pitta Bread	Shepherds Pie served with Garden Peas
	(V) Quorn Chicken & Vegetable Pasta Bake	(V) Mixed Vegetable Casserole	(V) Quorn Chicken & Vegetable Curry served with Rice	(V) Quorn Mince Lasagne served with Pitta Bread	(V) Quorn Mince Shepherds Pie served with Garden Peas
	(D) Banana Mousse	(D) Jam Sponge & Custard	(D) Fruit Yogurt	(D) Chocolate Roll & Custard	(D) Fruit Yogurt
Week 2	Chilli Con Carne served with Rice	Sausage and Mix Bean Casserole served with New Potatoes	Bolognese Pasta Bake served with Pitta Breads	Chicken Casserole served with New Potatoes	Beef & Ginger Casserole served with Rice
	(V) Vegetable Chilli served with Rice	(V) Vegetarian Sausage & Mix Bean Casserole & New Potatoes	(V) Quorn Mince Bolognese Pasta Bake & Pitta Bread	(V) Quorn Chicken Casserole served with New Potatoes	(V) Root Vegetable & Ginger Casserole served with Rice
	(D) Fruit Yogurt	(D) Marmalade Cake & Custard	(D) Lemon Flapjacks	(D) Fruit Yogurt	(D) Butterscotch Mousse
Week 3	Sausage, Vegetables, Onion Gravy & New Potatoes	Pork & Apple Casserole served with Rice	Swedish Meatball Pasta Bake served with Pitta Bread	Minted Lamb Casserole served with New Potatoes	Spaghetti Bolognese served with Pitta Bread
	(V) Vegetarian Sausage, Vegetables, Onion Gravy & New Potatoes	(V) Vegetable & Apple Casserole served with Rice	(V) Vegetarian Meatball Pasta Bake served with Rice	(V) Minted Root Vegetable Casserole served with Potatoes	(V) Quorn Mince Bolognese served with Pitta Bread
	(D) Banana's & Custard	(D) Fruit Yogurt	(D) Apple Crumble Cake & Custard	(D) Marshmallow Flapjacks	(D) Fruit Yogurt
Week 4	Roast Chicken served with Mix Veg & New Potatoes	Sweet & Sour Turkey & Vegetable Noodles Served with Pitta Bread	Sausage, Baked Beans & New Potatoes	Thai Chicken Curry served with Rice	Pork & Mix Bean Casserole served with New Potatoes
	(V) Roast Quorn Chicken served with Veg & Potatoes	(V) Sweet & Sour Vegetable Noodles served with Pitta Bread	(V) Quorn Sausages, Baked Beans & New Potatoes	(V) Quorn Thai Chicken Curry served with Rice	(V) Root Vegetable & Mix Bean Casserole with New Potatoes
	(D) Fruit Yogurt	(D) Lemon Drizzle Cake	(D) Chocolate & Orange Flapjacks	(D) Fruit Yogurt	(D) Cherry Cake & Custard